

Ice em mathematics year 7 Academic PDF

ice em mathematics year 7: A Comprehensive Guide to Strengthening Your Math Skills in Year 7

Introduction

Embarking on the journey of **ice em mathematics year 7** marks an exciting milestone for students beginning their secondary education. This critical stage introduces foundational mathematical concepts that will serve as building blocks for more advanced topics in later years. Whether you're a student, parent, or educator, understanding the scope and objectives of Year 7 mathematics is essential for fostering confidence and success in the subject. This article aims to provide a detailed, SEO-optimized overview of what to expect from Year 7 mathematics, including key topics, learning objectives, study tips, and resources to excel in this crucial academic year.

Understanding the Importance of Mathematics in Year 7

Mathematics in Year 7 acts as a bridge from primary education to the more complex topics encountered in secondary school. It develops critical thinking, problem-solving skills, and logical reasoning. Mastery of these concepts not only supports academic achievement but also enhances everyday life skills like budgeting, measuring, and analyzing data.

Key Learning Objectives for Year 7 Mathematics

In Year 7, students typically aim to:

- Develop a solid understanding of number operations and properties
- Explore algebraic expressions and equations
- Understand geometric concepts, including shapes, angles, and transformations
- Interpret and analyze data using statistics and probability
- Improve problem-solving strategies and mathematical reasoning

This comprehensive foundation prepares students for more advanced mathematical topics in subsequent years.

Major Topics Covered in Year 7 Mathematics

Number and Calculations

Whole Numbers and Place Value

Understanding the value of digits based on their position within numbers is fundamental. Students learn to read, write, and compare large numbers, including decimals and integers.

Fractions, Decimals, and Percentages

Students explore converting between fractions, decimals, and percentages, as well as performing operations like addition, subtraction, multiplication, and division with these formats.

Prime Numbers and Factors

Identifying prime numbers, factors, multiples, and understanding their significance in simplifying calculations and solving problems.

Order of Operations

Applying the BIDMAS/BODMAS rule to evaluate expressions correctly.

Algebra

Introduction to Algebraic Expressions

Students learn to write and interpret algebraic expressions, understanding variables and constants.

Solving Simple Equations

Solving one-step and two-step equations to find unknown values.

Sequences and Patterns

Recognizing and extending numerical patterns and sequences.

Geometry

Properties of Shapes

Understanding properties of 2D shapes (triangles, quadrilaterals, circles) and 3D shapes (cubes, prisms, cylinders).

Angles

Measuring, calculating, and understanding different types of angles, including complementary, supplementary, and angles in polygons.

Transformations

Exploring translations, rotations, reflections, and enlargements.

Data Handling and Probability

Collecting and Presenting Data

Using graphs, charts, and tables to organize and interpret data.

Statistics

Calculating mean, median, mode, and range.

Introduction to Probability

Understanding the likelihood of events and basic probability concepts.

Effective Study Tips for Year 7 Mathematics

To excel in **ice em mathematics year 7**, students should adopt effective study strategies:

- Consistent Practice: Regularly solve a variety of problems to reinforce understanding.
- Use Visual Aids: Diagrams, charts, and models help grasp geometric concepts and data interpretation.
- Master the Basics: Solidify foundational skills such as arithmetic operations and fractions.
- Break Down Problems: Tackle complex questions step-by-step to avoid feeling overwhelmed.
- Ask for Help: Seek clarification from teachers or peers when concepts are unclear.
- Utilize Online Resources: Leverage educational websites, videos, and interactive exercises tailored for Year 7 students.
- Review Mistakes: Analyze errors to prevent repeating them and deepen comprehension.

Resources and Tools for Learning Year 7 Mathematics

Numerous resources can support students' learning journey:

- Textbooks and Workbooks: Official curriculum guides provide structured content and practice exercises.
- Online Platforms: Websites like Khan Academy, BBC Bitesize, and Mathsisfun offer tutorials, quizzes, and interactive lessons.
- Math Apps: Educational apps for practicing calculations, algebra, and geometry.
- Tutoring Services: Extra support from tutors can help address individual learning needs.
- Study Groups: Collaborative learning fosters understanding through discussion and explanation.

Preparing for Exams in Year 7 Mathematics

Preparation strategies include:

- Creating comprehensive revision notes summarizing key topics.
- Practicing past exam papers to familiarize with question formats.
- Time management during exams to allocate appropriate time to each section.
- Clarifying doubts promptly to ensure a thorough understanding.

The Role of Teachers and Parents in Supporting Year 7 Math Learning

Teachers play a vital role by:

- Providing clear explanations and feedback.
- Designing engaging lessons and activities.
- Identifying students' strengths and areas for improvement.

Parents can support by:

- Encouraging regular homework routines.
- Creating a positive attitude towards math.
- Providing resources and a conducive learning environment.
- Communicating with teachers about progress and concerns.

Conclusion

Ice em mathematics year 7 is a pivotal phase that sets the foundation for future mathematical success. By understanding the core topics, adopting effective study habits, and utilizing available resources, students can navigate this academic year confidently. Building a strong grasp of concepts like algebra, geometry, data handling, and calculations not only boosts academic

performance but also enhances critical thinking skills applicable beyond the classroom. Embrace the challenges of Year 7 mathematics with enthusiasm and determination, and lay the groundwork for a lifelong appreciation of the subject.

Ice EM Mathematics Year 7: A Comprehensive Guide to Building a Strong Foundation in Mathematics

Embarking on the journey of Ice EM Mathematics Year 7 is an exciting milestone for students stepping into secondary education. This curriculum introduces vital mathematical concepts designed to develop logical thinking, problem-solving skills, and confidence in handling numbers and patterns. Understanding what to expect and how to approach the syllabus can significantly enhance a student's learning experience and performance. In this guide, we will explore the core topics, teaching strategies, and resources to help Year 7 students excel in their Ice EM Mathematics studies.

Understanding Ice EM Mathematics Year 7: An Overview

The Ice EM Mathematics Year 7 curriculum establishes the foundation for more advanced topics in later years. It emphasizes both the conceptual understanding of mathematical principles and their practical applications. The curriculum is structured around key themes, each building on prior knowledge and encouraging students to think critically.

Key Objectives of Year 7 Mathematics

- Develop understanding of number operations, including fractions, decimals, and percentages
- Explore algebraic expressions and simple equations
- Understand geometric concepts such as angles, shapes, and symmetry
- Introduce data handling, including graphs and averages
- Foster problem-solving skills through real-world scenarios
- Cultivate mathematical reasoning and logical thinking

Core Topics Covered in Ice EM Mathematics Year 7

- Number and Algebra

a. Number Operations and Fractions

Students deepen their understanding of integers, rational numbers, and the relationships between them. Key skills include:

- Performing addition, subtraction, multiplication, and division with whole numbers and decimals
- Simplifying fractions and converting between fractions, decimals, and percentages
- Working with mixed numbers and improper fractions

b. Introduction to Algebra

Algebra forms a core component of Year 7 mathematics. Topics include:

- Understanding variables and algebraic expressions
- Simplifying algebraic expressions using the distributive property
- Solving simple linear equations (e.g., $x + 5 = 12$)
- Recognizing patterns and sequences

- Geometry

a. Shapes and Properties

Students learn about different types of 2D and 3D shapes, focusing on:

- Properties of triangles, quadrilaterals, circles, and polygons
- Recognizing types of angles (acute, obtuse, right angles)
- Calculating angles in polygons and around a point

b. Symmetry and Transformation

Key concepts include:

- Lines of symmetry and reflection
- Rotations and translations
- Congruence and similarity of shapes

- Measurement

Students work with various units and formulas related to:

- Perimeter and area calculations of rectangles, triangles, and other polygons
 - Volume and surface area of cuboids, cubes, and cylinders
 - Conversion between metric units (mm, cm, m, km)
-
- Data Handling and Probability
-
- Collecting and organizing data using tables and charts
 - Constructing and interpreting bar charts, pie charts, and line graphs
 - Calculating measures of central tendency: mean, median, mode
 - Basic probability concepts, including experimental and theoretical probability

Effective Teaching Strategies for Year 7 Mathematics

- Emphasize Conceptual Understanding

Rather than rote memorization, focus on understanding the "why" behind mathematical procedures. Use visual aids, manipulatives, and real-world examples to make abstract concepts tangible.

- Incorporate Problem-Solving Activities

Encourage students to apply their knowledge through puzzles, word problems, and project-based tasks. This promotes critical thinking and demonstrates the relevance of mathematics in everyday life.

- Use Technology and Interactive Tools

Leverage software, online quizzes, and interactive whiteboards to make lessons engaging. Tools like GeoGebra can help visualize geometric transformations, while spreadsheets assist with data handling.

- Regular Assessment and Feedback

Frequent quizzes, peer assessments, and reflective exercises help identify areas for improvement. Constructive feedback guides students toward mastery.

- Foster a Growth Mindset

Encourage resilience and perseverance by praising effort and progress, emphasizing that mistakes are opportunities for learning.

Resources and Practice Materials

- Textbooks and Workbooks: Select tailored Year 7 math books aligned with Ice EM curriculum.
- Online Platforms: Websites like Khan Academy, Math Playground, and BBC Bitesize offer interactive lessons and practice exercises.
- Past Papers and Quizzes: Practice with exam-style questions to build confidence and exam readiness.
- Math Games and Puzzles: Incorporate games like Sudoku, KenKen, and logic puzzles to develop reasoning skills.

Tips for Students Aiming for Success in Ice EM Mathematics Year 7

- Stay Organized: Keep a dedicated math notebook with notes, formulas, and worked examples.
- Practice Regularly: Consistent practice cements understanding and improves problem-solving speed.
- Ask Questions: Clarify doubts during lessons or seek help from teachers or peers.
- Relate Math to Real Life: Recognize how concepts like percentages and measurements are used daily.
- Review Mistakes: Analyze errors to avoid repeating them and deepen understanding.

The Road Ahead: Building on Year 7 Foundations

Mastering the topics covered in Ice EM Mathematics Year 7 sets the stage for success in subsequent years. The skills developed, such as logical reasoning, analytical thinking, and mathematical fluency, are essential for tackling more complex topics like algebraic equations, trigonometry, and advanced data analysis.

By adopting effective study habits, engaging actively with the curriculum, and utilizing available resources, students can develop a solid mathematical foundation that supports academic achievement and real-world problem-solving.

Final Thoughts

Understanding Ice EM Mathematics Year 7 is not just about passing exams; it's about fostering a

love for mathematics and developing skills that will serve students throughout their education and beyond. With a strategic approach, perseverance, and curiosity, Year 7 learners can confidently navigate the curriculum and lay the groundwork for future mathematical success.

Embark on your Year 7 math journey with confidence?remember, every problem is an opportunity to learn and grow!

QuestionAnswer What are the key topics covered in 'Ice Em Mathematics Year 7'? The course covers topics such as algebra, fractions, percentages, ratios, basic geometry, number operations, and introductory data handling. How can I improve my problem-solving skills in Year 7 mathematics? Practice a variety of problems regularly, understand the core concepts thoroughly, and seek help when concepts are unclear. Using past papers and online resources can also enhance problem-solving skills. What are some effective strategies for mastering algebra in Year 7? Start with understanding variables and expressions, learn to simplify and solve equations step-by-step, and practice translating word problems into algebraic expressions. How important are fractions and percentages in Year 7 mathematics? They are fundamental for understanding ratios, proportions, and real-world applications like discounts and data analysis, making them crucial topics in Year 7. What resources are recommended for practicing geometry in Year 7? Use interactive geometry tools, online tutorials, workbooks, and past exam questions to practice topics like angles, triangles, and circles. How can I prepare for assessments in Ice Em Mathematics Year 7? Review class notes regularly, complete homework assignments thoroughly, practice past exam papers, and seek clarification on topics you find challenging. What are common mistakes to avoid in Year 7 mathematics? Avoid rushing through problems, neglecting units in measurements, skipping steps in calculations, and not checking your answers for errors. How does understanding basic mathematics concepts help in real life? It enables better decision-making in everyday situations like shopping, budgeting, cooking, and understanding data and statistics. Are there any recommended apps or online platforms for Year 7 math practice? Yes, platforms like Khan Academy, Math Playground, and IXL offer interactive exercises and tutorials tailored for Year 7 students.

Related keywords: ice in mathematics, year 7 math topics, ice activities for students, mathematics curriculum year 7, ice teaching resources, year 7 math skills, ice problem-solving, year 7 algebra, year 7 geometry, math games for year 7

YEAR 7 YEAR 8 YEAR 9

Year 7 Year 8 Year 9 are pivotal years in a student's educational journey, marking the transition from childhood to adolescence and laying the foundation for future academic and personal development. These years, typically covering ages 11 to 14, are characterized by significant

changes in curriculum, social dynamics, and personal growth. Understanding what to expect during these years, how to prepare effectively, and the opportunities available can help students, parents, and educators navigate this exciting phase with confidence.

Understanding the Importance of Years 7, 8, and 9

The Transition to Secondary Education

Entering Year 7 often signifies a major milestone – the move from primary to secondary school. This transition introduces students to a broader curriculum, new teachers, and diverse peer groups. It serves as a foundation for future learning and development, setting the tone for Years 8 and 9.

Developmental Milestones

During these years, students experience rapid physical, emotional, and cognitive growth:

- Physical changes: Puberty and growth spurts
- Cognitive development: Improved reasoning, critical thinking, and independence
- Social skills: Building new friendships, understanding social norms, and developing self-identity
- Emotional maturity: Navigating self-esteem, peer pressure, and emotional regulation

Recognizing these milestones helps educators and parents support students effectively.

Curriculum Overview for Years 7-9

These years are crucial for building core academic skills and exploring interests that influence future career paths. The curriculum is designed to be comprehensive, challenging, and engaging.

Core Subjects

Students typically study a broad range of subjects, including:

- English: Literature, language, and communication skills
- Mathematics: Algebra, geometry, statistics, and problem-solving
- Science: Biology, chemistry, physics, and scientific inquiry
- History and Geography: Understanding past events and the world's geography
- Foreign Languages: Spanish, French, or other languages to foster global awareness
- Physical Education: Promoting health, teamwork, and physical fitness

Optional and Enrichment Subjects

To encourage diverse interests, schools often offer:

- Art and Design
- Music and Performing Arts
- Technology and Computing
- Design and Technology (D&T)
- Personal, Social, Health, and Economic Education (PSHE)

Academic Development and Support

Preparing for Exams and Assessments

Assessment methods evolve during these years, including:

- Formative assessments (quizzes, classwork)
- Summative assessments (mid-term and end-of-year exams)
- Coursework and projects

Effective preparation involves:

- Regular revision
- Time management skills
- Seeking help when needed

Support Systems

Students benefit from:

- Tutoring and extra help sessions
- Study groups
- Access to counselors and mental health resources

Creating a supportive environment enables students to excel academically while maintaining well-being.

Personal and Social Development

Building Confidence and Resilience

Encouraging participation in extracurricular activities, sports, and clubs helps students develop confidence and resilience.

Social Skills and Peer Relationships

Navigating friendships and conflicts is essential:

- Learning empathy and communication
- Respecting diversity
- Developing conflict resolution skills

Online Safety and Digital Literacy

With increased internet use, teaching safe online behavior and digital literacy is vital.

Extracurricular Activities and Opportunities

Participation in extracurricular activities enriches the educational experience:

- Sports teams and physical activities
- Clubs (chess, drama, music)
- Community service projects
- Leadership opportunities (student council)

These activities foster teamwork, leadership, and personal interests that can influence future career choices.

Preparing for the Future: Year 10 and Beyond

The culmination of Years 7-9 prepares students for:

- GCSEs and standardized exams in Year 10 and 11
- Choosing GCSE subjects aligned with interests and career aspirations
- Developing study habits and independence essential for senior education

Early planning and guidance can help students make informed decisions about their academic pathways.

Challenges and How to Overcome Them

While these years are exciting, they can also present challenges:

- Academic pressure: Balancing coursework and extracurriculars
- Peer pressure and social challenges: Navigating friendships and conflicts
- Self-esteem issues: Building confidence in abilities

Support strategies include:

- Open communication with teachers and parents
- Establishing a balanced schedule
- Encouraging self-reflection and positive self-talk

Conclusion

Year 7 Year 8 Year 9 are foundational years that shape a student's academic, social, and personal development. By understanding the curriculum, developmental milestones, and available opportunities, students and their support networks can make the most of these formative years. Embracing challenges, engaging in extracurricular activities, and focusing on personal growth will prepare students for the next stage of their education and lifelong success.

Investing time and effort during these years ensures a smooth transition into future educational pursuits and helps students develop the skills, confidence, and resilience needed to thrive in a rapidly changing world.

Year 7, Year 8, Year 9: Navigating the Crucial Stages of Early Secondary Education

Embarking on secondary education marks a pivotal phase in a student's academic journey, and the years Year 7, Year 8, and Year 9 serve as foundational pillars for future success. These formative years are characterized by significant academic, social, and emotional development. They set the stage for further education, career choices, and personal growth. Understanding the unique features, challenges, and opportunities of each year can help students, parents, and educators better navigate this important period.

Understanding the Transition: From Primary to Secondary School

The passage from primary to secondary school is often both exciting and daunting. Year 7 typically marks this transition, bringing with it a host of new experiences, increased independence, and a broader curriculum. This initial year is crucial for establishing routines, building confidence, and adapting to a more complex learning environment.

Year 7: The Gateway to Secondary Education

Overview of Year 7

Year 7 is generally the first year of secondary school in many education systems. It marks the beginning of a new educational phase, usually for students aged 11 to 12. It's a year filled with discovery—both academically and socially—as students adapt to a larger school environment, diverse subject choices, and increased expectations.

Academic Features

- **Broad Curriculum:** Students are introduced to a wider range of subjects, including core areas like Math, English, and Science, along with options such as Art, Music, Physical Education, and Modern Foreign Languages.
- **Assessment Methods:** Emphasis on formative assessments, classwork, and introductory exams that help teachers gauge student understanding.
- **Transition Support:** Many schools offer induction programs, buddy systems, and mentoring to ease students into secondary education.

Social and Emotional Development

- Increased independence can be both empowering and challenging.
- Peer relationships become more complex; social skills and conflict resolution are vital.
- Some students may experience anxiety or homesickness during this transition.

Pros and Cons of Year 7

Pros:

- New environment fosters growth and independence.
- Exposure to diverse subjects broadens interests.
- Opportunities to make new friends.

Cons:

- Adjustment period may cause stress or anxiety.
- Larger school size can feel overwhelming.
- Academic workload begins to increase.

Key Challenges and Strategies

- Adapting to a new routine: Establish daily schedules and organization habits.
- Building confidence: Encourage participation in extracurricular activities.
- Support systems: Schools should provide counseling and peer support.

Year 8: Building Foundations and Exploring Interests

Overview of Year 8

Typically, Year 8 students are aged 12 to 13. At this stage, learners are more familiar with the school environment and are encouraged to deepen their understanding of subjects. This year acts as a bridge between the novelty of Year 7 and the more focused approach of Year 9, often seen as a prelude to GCSE or equivalent qualifications.

Academic Focus

- Curriculum Depth: Subjects become more specialized, with increased coursework and project work.
- Skill Development: Emphasis on critical thinking, problem-solving, and independent learning.
- Preparation for Exams: Some schools introduce formal assessments to prepare students for Year 9 exams.

Social and Emotional Aspects

- Peer groups tend to stabilize, but social dynamics can still be complex.
- Students may begin to explore their interests more seriously, including extracurricular activities.
- Development of self-awareness and personal responsibility.

Features of Year 8

- Opportunities for leadership roles (e.g., prefects, club leaders).
- Exposure to careers education and future pathways.
- Increased focus on study skills and time management.

Pros and Cons of Year 8

Pros:

- Greater academic maturity and deeper learning.
- Opportunities for leadership and specialized pursuits.
- Better understanding of personal interests and strengths.

Cons:

- Pressure to perform academically can increase.
- Social pressures and peer influence may intensify.
- Some students may experience mid-year slump or loss of motivation.

Strategies for Success in Year 8

- Encourage goal-setting and reflection.
- Promote extracurricular engagement to build confidence.
- Maintain open communication with teachers and counselors.

Year 9: Preparing for the Future

Overview of Year 9

Year 9 is often viewed as a critical juncture before students make decisions about their GCSE or equivalent subjects. Typically for students aged 13 to 14, this year emphasizes consolidation of knowledge, skill refinement, and preparation for more specialized study in Year 10 and beyond.

Academic and Curriculum Features

- Specialization Begins: Students choose a range of subjects, often with some core subjects remaining compulsory.
- Assessment Focus: Regular assessments, coursework, and mock exams help prepare students

for final qualifications.

- Career and Further Education Planning: Introduction to options for post-16 education, apprenticeships, or vocational routes.

Developmental Aspects

- Increased cognitive development allows for more abstract thinking and complex problem-solving.

- Emotional maturity begins to deepen, but some students may face identity or self-esteem challenges.

- Peer influence can be significant; social identity becomes more important.

Features of Year 9

- Opportunities for work experience and career exploration.

- Involvement in leadership, community projects, and extracurricular activities.

- Emphasis on developing independence and self-regulation.

Pros and Cons of Year 9

Pros:

- Preparation for the demands of further education.

- Clarity on academic and career interests.

- Development of study habits and self-motivation.

Cons:

- Increased academic pressure.

- Potential stress related to future choices.

- Balancing social, academic, and personal responsibilities.

Strategies for Maximizing Year 9 Outcomes

- Regularly review academic progress and set achievable goals.

- Seek guidance from teachers and careers advisors.

- Engage actively in extracurricular and leadership opportunities.

Comparative Summary: Year 7, Year 8, and Year 9

Feature	Year 7	Year 8	Year 9
Age Range	11-12	12-13	13-14
Focus	Transition, broad curriculum	Depth, exploration	Specialization, preparation
Social Development	Forming new relationships	Stabilizing peer groups	Identity, independence
Academic Pressure	Moderate	Increasing	High, exam-focused
Opportunities	New experiences, clubs	Leadership, career exploration	Post-16 planning

Conclusion: Navigating the Path Ahead

The years Year 7, Year 8, and Year 9 collectively form a crucial developmental corridor that shapes a student's academic trajectory, social skills, and personal identity. While each year presents its unique challenges and opportunities, a supportive environment, proactive engagement, and strategic planning can help students thrive through these formative years.

For educators and parents, understanding the nuances of each stage enables targeted support, fostering resilience and motivation. For students, embracing these years as opportunities for growth, exploration, and self-discovery sets a strong foundation for future successes?whether in further education, vocational pursuits, or personal development.

As the journey progresses, recognizing the importance of these years encourages a balanced approach?celebrating achievements, addressing challenges, and nurturing a lifelong love for learning. With thoughtful guidance and encouragement, students can confidently navigate Year 7 through Year 9, emerging well-prepared for the exciting opportunities that lie ahead.

QuestionAnswer What are the key academic subjects students typically study in Year 7, Year 8, and Year 9? In Year 7, students usually cover foundational subjects like English, Math, Science, History, and Geography. Year 8 builds on these with more advanced topics, and Year 9 often introduces more specialized subjects and prepares students for GCSE or equivalent exams. How can Year 7 students effectively transition from primary to secondary school? Students can succeed by developing good study habits, staying organized, making new friends, and seeking support from

teachers and peers. Participating in extracurricular activities also helps build confidence and ease the transition. What are common challenges faced by Year 8 students, and how can they overcome them? Year 8 students often face increased academic workload and social pressures. Overcoming these challenges involves good time management, open communication with teachers and parents, and maintaining a balanced lifestyle. How does Year 9 prepare students for their GCSE or equivalent exams? Year 9 introduces more in-depth subject content and exam techniques, helping students identify their strengths and weaknesses. It also encourages independent learning, laying a strong foundation for GCSE success. Are there specific skills students should focus on developing during Year 7 to Year 9? Yes, students should focus on critical thinking, problem-solving, effective communication, time management, and independent study skills to excel throughout these years. What extracurricular activities are popular for Year 7 to Year 9 students? Popular activities include sports, music, drama, science clubs, coding clubs, and community service projects. These help students develop new skills and build confidence. How can parents support their children through Year 8 and Year 9? Parents can support by encouraging good study habits, maintaining open communication, monitoring academic progress, and providing emotional support during these transitional years. What are some effective study strategies for Year 9 students facing more challenging curricula? Effective strategies include creating a study timetable, breaking down topics into manageable parts, practicing past exam papers, and seeking help when needed to reinforce understanding. What are the main differences between Year 7, Year 8, and Year 9 in terms of curriculum focus? Year 7 focuses on settling into secondary education and foundational skills, Year 8 deepens subject knowledge and skills, and Year 9 emphasizes preparation for exams and more specialized learning to ready students for GCSEs or equivalent courses.

Related keywords: secondary education, middle school, adolescent students, grade 7, grade 8, grade 9, middle school curriculum, student development, academic year, school subjects

Read the full article online: [YEAR 7 YEAR 8 YEAR 9](#)